

Five Easy Steps To A Great Meal



exceed 400°F.



Add 1 TBSP. flour to bag. Shake! This helps prevent bag from bursting. Place bag in pan at least 2 inches deep.



Place food in bag! Close bag with the (found inside this package). Cut six 1/2-inch slits in top of bag to allow steam to escape. Tuck ends of bag in



Place pan in oven, allowing room for bag to expand during cooking without touching heating elements, wall or racks. Bag should not hang over pan.



Bake according to recipe or chart. To serve - carefully cut open top of oven bag. Remember -always support bag with pan. Enjoy!

Meat

INSTRUCTIONS: Preheat oven to 325°F. Add 1 Tbsp. flour to oven bag. Season beef or lamb with 1 tsp. dried thyme, 1/2 tsp. pepper. Close bag and cut six 1/2-inch slits in top of bag; see "How To Use" directions above for more details. Bake according to chart below. IF MEATS ARE SMALLER THAN 8 lbs: Close bag about 1-inch from food and cut off excess bag material.

ALWAYS CHECK DONENESS TEMPERATURE WITH MEAT THERMOMETER.

| Beef | Total Weight | Time | Add Flour | Add Water | Thermometer Temperature |
|-------------------------------------|--------------|-------------------|-----------|-----------|----------------------------|
| Beef Rib Roast, small end 4 ribs | 8-10 lb | 2 1/2 to 2 3/4 hr | 1 Tbsp. | None | 145° F |
| Brisket, boneless whole | 8-10 lb | 3 to 3 1/4 hr | 1 Tbsp. | None | Fork tender |
| Lamb | | | | | |
| Leg of lamb, bone-in | 8-10 lb | 2 to 2 1/2 hr | 1 Tbsp. | None | 150° F |
| Leg of lamb, boneless | 7-8 lb | 1 3/4 to 2 1/4 hr | 1 Tbsp. | None | 150° F |

INSTRUCTIONS: Preheat oven to 325°F. Add 1 Tbsp. flour to oven bag. Season fresh pork as desired. No seasoning needed for smoked pork. Close bag and cut six 1/2-inch slits in top of bag; see "How To Use" directions above for more details. Bake according to chart below.

IF MEATS ARE SMALLER THAN 8 lbs: Close bag about 1-inch from food and cut off excess bag material. ALWAYS CHECK DONENESS TEMPERATURE WITH MEAT THERMOMETER. Meat

| Pork | Total Weight | Time | Add Flour | Add Water | Thermometer Temperature |
|--|--------------|-------------------|-----------|-----------|----------------------------|
| Fresh Ham (Pork Leg) boneless | 12-14 lb | 3 1/2 to 4 hr | 1 Tbsp. | 1/2 cup | 160° F |
| Top Loin Roast, boneless, tied | 10 lb | 2 to 2 1/4 hr | 1 Tbsp. | 1/2 cup | 160° F |
| Whole Fully Cooked Ham, bone-in | 12-16 lb | 2 1/2 to 3 1/4 hr | 1 Tbsp. | None | 140° F |
| Fully Cooked Ham Half, bone-in | 8-10 lb | 2 to 2 1/2 hr | 1 Tbsp. | None | 140° F |
| Fully Cooked Ham Half, boneless | 10-12 lb | 2 1/4 to 2 3/4 hr | 1 Tbsp. | 1/2 cup | 140° F |
| Spiral Sliced Ham - place cut side down | 8-10 lb | 1 1/2 to 1 3/4 hr | 1 Tbsp. | None | 140° F |
| Whole Country Ham, bone-in* | 10-14 lb | 3 1/2 to 4 1/2 hr | 1 Tbsp. | | 160° F |
| Country Ham Half, bone-in* | 5-7 lb | 2 1/2 to 3 hr | 1 Tbsp. | | 160° F |

*ADDITIONAL INSTRUCTIONS FOR COUNTRY HAM: Soak completely covered in water 24 hours before cooking; drain. Add 4 cups fresh water to oven bag to cook whole country ham; 2 cups water for country half.